

Mid and South Essex Sustainability and Transformation Partnership (STP)



Your care in the best place

At home, in your community and in our hospitals

Discussion event – Chelmsford 9 January 2018

www.nhsmidandsouthessex.co.uk

Public consultation 30 Nov 2017 – 9 Mar 2018

Welcome!

Caroline Russell

Accountable Officer, Mid Essex Clinical Commissioning Group

Senior Responsible Officer for the STP *Local health and care programme*

And clinical colleagues:

- **Dr Elizabeth Towers**, GP in Chelmsford
- **Dr Donald McGeachy**, Medical Director, STP Joint Commissioning
- **Dr Celia Skinner**, Chief Medical Officer for the three main hospitals

Why we need change

Increasing needs – mainly associated with ageing population

- Increase in long term conditions – lung disease, diabetes, heart disease, disability following stroke, mental health issues
- More people living with several conditions



- GP and community services under pressure
- Hospital emergency services under pressure e.g. in Broomfield:

Av no. of A&E
attendances per day
Dec 2012 - 208

Av no. of A&E
attendances per day
Dec 2017 - 271

STP plan

- Health and social care partners have **teamed up** to improve how people can get the right care they need, when they need it, and in the best place (home, community or in hospital)
- Plan aims to **meet the challenges** of today and demands of the future
- There are many examples of excellent care, but **we could do better**
- Our vision is to join up different health, care and voluntary services **around you and your needs** - physical, mental and social care
- Starts with help to **stay healthy** and avoid serious illness
- At home and in your community we are **building up GP and community services**, such as pharmacists, experienced nurses, physiotherapists and mental health therapists; and increasing our range of services available via GP practices

Your care in the best place – developments over next 5 yrs

Easier access to consistent, high quality hospital care – sustainable into the future

Wider range of services at GP practices

Joined-up teams



Main benefits of proposed changes in hospital

Sometimes our hospitals are blocked

Specialist expertise spread across 3 hospitals

We don't always achieve the highest standards

We don't always make the most of our talent

Sometimes better alternatives to hospital

- Improvements in A&E will mean shorter waits, quicker treatment and shorter stays in hospital
- By bringing specialists together – easier to provide 24 cover
- Larger specialist teams see more patients – improves care quality and chances of good recovery
- Larger teams, better training – attracts, retains & develops staff
- Services closer to where you live – quicker to respond and more convenient

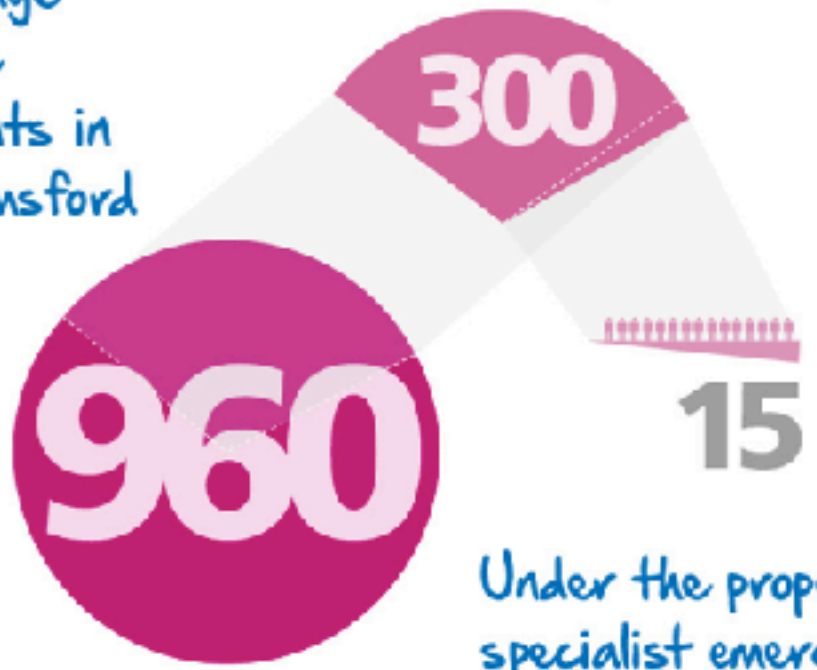
Five principles for our proposed future hospital services

- 1. The majority of hospital care will remain local** and each hospital will continue to have a 24hr A&E
- 2. Certain more specialist services which need a hospital stay should be concentrated in one place**
- 3. Access to specialist emergency services, such as stroke care, should be via your local (or nearest) A&E,** where you would be treated and, if needed, transferred to a specialist team
- 4. Planned operations should, where possible, be separate** from patients who are coming into hospital in an emergency
- 5. Some hospital services should be provided closer to you,** at home or in a local health centre



Who may be affected in an **emergency**?

There are currently around 960 attendances per day on average across the three A&E departments in Southend, Chelmsford and Basildon



Around 300 patients per day on average are currently admitted to hospital from A&E

Under the proposals for reorganising some specialist emergency services, we estimate that around 15 people per day would require a transfer from their local A&E to a specialist team in another hospital

Who may be affected in **planned treatment**?

Around 3,300 patients per day on average visit our three hospitals for an outpatient appointment

3300

380

Around 380 patients per day on average visit our three hospitals for a planned operation

14

Under the proposal for separating planned operations from emergency care, we estimate that around 14 people per day would be referred to a hospital that is not their local hospital for a planned operation, usually for a stay of three to four days

Summary of proposed changes in this area

Broomfield Hospital

Services that stay the same

- A&E & urgent care
- Maternity services
- Intensive care
- Short stays in hospital
- Children's care
- Care for older people
- Day case treatments & operations
- Tests, scans & outpatient appointments

Existing specialist services that stay the same

- Specialist centre for burns & plastic surgery
- ENT & facial surgery
- Upper gastro-intestinal surgery

Proposed service changes

Emergency

Improved stroke care & rehabilitation (acute stroke unit)

Specialist teams for urology surgery, complex abdominal surgery and gastroenterology services

More complex orthopaedic trauma surgery (e.g. serious fractures)

Planned

Summary of proposed changes in the south east

Southend Hospital

Services that stay the same

- A&E & urgent care
- Maternity services
- Intensive care
- Short stays in hospital
- Children's care
- Care for older people
- Day case treatments & operations
- Tests, scans & outpatient appointments

Existing specialist services that stay the same

- Radiotherapy & cancer centre
- Cancer surgery, including urological cancer surgery

Proposed service changes

Emergency

Improved stroke care & rehabilitation (acute stroke unit)

Gynaecology surgery, including gynaecology cancer surgery

Planned

Orthopaedic surgery for south Essex patients

Summary of proposed changes in south west

Basildon Hospital

Services that stay the same

- A&E & urgent care
- Maternity services
- Intensive care
- Short stays in hospital
- Children's care
- Care for older people
- Day case treatments & operations
- Tests, scans & outpatient appointments

Existing specialist services that stay the same

- Essex Cardiothoracic Centre

Proposed service changes

Emergency	Planned
Specialist stroke unit	
Improved stroke care & rehabilitation (acute stroke unit)	
Specialist teams for complex lung problems, complex vascular problems, complex heart problems	
More complex orthopaedic trauma surgery (e.g. serious fractures)	
Specialist team for complex kidney problems	

Summary of proposed changes affecting mid Essex

- **All outpatients and majority of operations stay local**
- Specialist stroke unit proposed in **Basildon**
- Specialist gynaecology, including cancer, proposed in **Southend**
- Planned orthopaedic operations proposed in **Braintree**
- Specialist teams proposed in **Basildon**:
 - Complex lung problems
 - Complex vascular problems
 - Complex heart problems
 - Complex kidney problems

Proposals for stroke

Around 85% due to blood clot – 20% may benefit from clot-busting drug treatment (thrombolysis)

Around 15% due to bleed in the brain - needs very specialist care

Rationale for change

- Clinical evidence for specialist stroke units = better chances of recovery
- The key is - intensive rehabilitation in first 72 hours
- Joined-up stroke teams = network of stroke care & specialist stroke unit
- Propose Basildon for close links with Essex Cardiothoracic Centre

Patient pathway

- Suspected of having a stroke – go by ambulance to nearest A&E
- In A&E - diagnosis, stabilisation - if blood clot, start treatment
- Transfer to specialist stroke unit for first 72 hours high dependency care
- Return home or to local hospital/community for continuing care and rehabilitation

Clinical transfers and transport between hospitals

Propose to invest in:

New type of clinical transport between hospitals

- Clinical teams discuss with you, your family
- Clinical support during transfer
- Protocols for local hospital, specialist team and transport service
- If transfer not appropriate, specialist team supports local team

Free bus service between hospitals

- Runs between hospitals, or other locations
- Review and adapt



Investing in our hospitals

Investing over £118 million in:

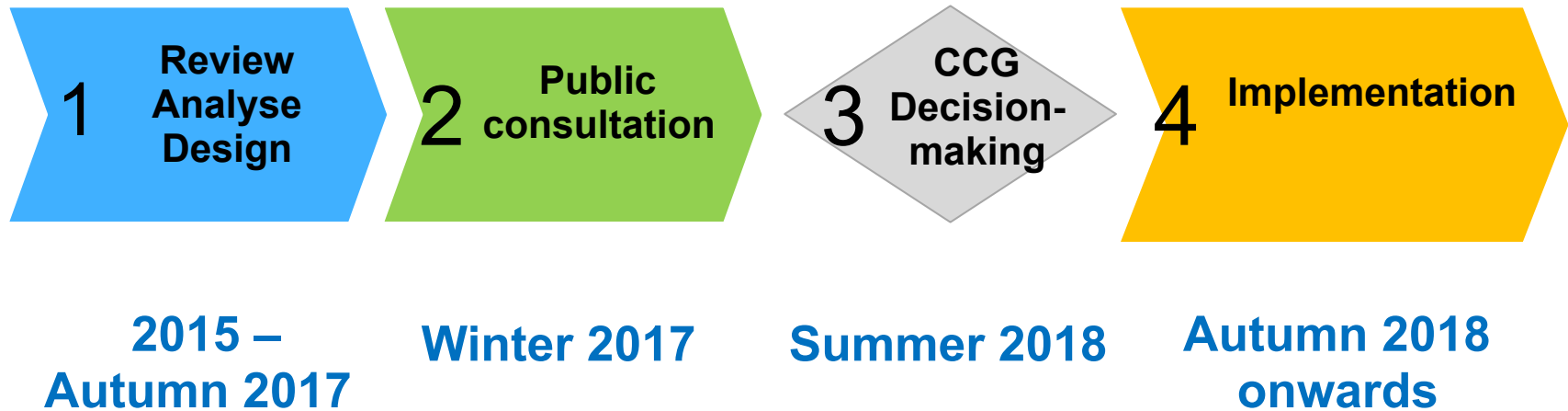
- Around 50 extra beds
- New operating theatres
- Improving technology to make it easier to operate across three sites

How each hospital would benefit from investment:

- Southend hospital - £41 million
- Broomfield Hospital - £19 million
- Basildon Hospital - £30 million

A further £28 million will be invested in additional technology

What happens next?



- Currently at Stage 2 - public consultation 30 Nov 2017 to 9 March 2018
- No decisions have yet been made – and won't be until summer 2018

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Get involved

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